

MANAGING HEART FAILURE IN THE HOME IS TRICKY!!!!



LEARN HOW YOU CAN PARTICIPATE IN A HOME-BASED TELEHEALTH PROGRAM DESIGNED TO HELP YOU MANAGE HEART FAILURE ISSUES IN THE HOME

The **8 telehealth sessions** (telephone-based) are led by a Registered Nurse and will focus on issues that YOU have managing heart failure in the home. You will partner with a Registered Nurse to identify strategies that may be useful in helping improve your physical and mental health.

This study may be a good fit for you if you:

- ❖ Are a US Veteran
- ❖ Have been diagnosed with heart failure
- ❖ Are age 18 years or older
- ❖ Speak, read, and understand English

YOU WILL NOT NEED TO TRAVEL TO PARTICIPATE!!!

All study activities can be done at home over the telephone, and each participant will receive up to \$100 in gift cards, based on completion of the study.

Please contact: Dr. Lucinda Graven, PhD, APRN, FAHA, FAAN
at the Florida State University College of Nursing:

Email: lgraven@fsu.edu

Phone: 850-644-5601

You can also scan the QR code with your phone's camera to complete the online interest form.



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